












Chalkwell Hall Schools Winter Dinner menu 2011 3 week rotating menu £2

Fresh fruit, Yogurt, Wholemeal Bread, Fruit drinks and Milkshakes are available daily

Week 1

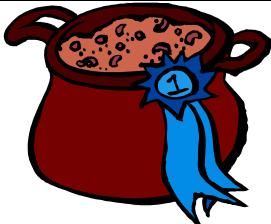







	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Sweet & Sour Pork Jacket Potato with Cheese	Breaded Fish Homemade Cheese and Tomato Pasta Bake Spiced Lamb Wrap	Baked Butchers Sausages Veggie Sausages Cheese Baguette	Beef Lasagne Vegetable Lasagne Egg Salad Sandwich	Roast Turkey and Yorkshire Pudding Roast Vegetable Yorkshire Pudding Tuna and Sweetcorn Pitta
	Ham Salad Pitta			Garlic Bread Broccoli	
	Rice Sweetcorn Fresh Carrots		Homemade Jacket Wedges Baked Beans Sliced Green Beans		Roast Potatoes Creamed Potatoes
	Tomato Salad	Chips Peas  Coleslaw	Sunshine Salad	Sticks and dips	Cabbage Carrot and Swede Mash Crunchy Celery Salad
	Banana Muffin with Custard	Orange and Cinnamon Cake with Custard		Rice Pudding with Kiwi Fruit and Oat Cookie	Plum Crumble with Custard



Chalkwell Hall Schools

Dinner menu  
Week 2

3 week rotating menu



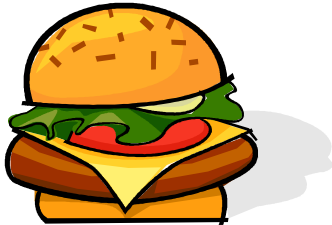






	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 2</b>	 Beef Chilli Fish Fingers Bean & Cheese Pitta	Cheese and Tomato Pizza Vegetable Pizza Tuna Mayonnaise Sandwich	Steak Pie Quorn, Potato and Leek Pie Ham Salad Pitta	Roast Pork with Yorkshire Pudding Stuffing and Apple Sauce Homemade Tomato Pasta Bake Egg and Cress Roll	Macaroni Cheese Vegetable Spring Rolls Chicken Wrap
	Rice Creamed Potatoes	 Chips Baked beans	New Potatoes Broccoli	Paprika Wedges  Peas	
	Green Beans Sweetcorn	Sticks & Dips		Roast Potatoes Creamed Potatoes	Green Salad
	Beetroot Salad	Coleslaw		Carrots Cabbage	
	Pineapple Upside Down Sponge with Custard	Rice Pudding	Date Slice with Chocolate Sauce	Rice Salad Bread and Butter Pudding	Oaty Apple Crumble with Custard



Chalkwell Hall Schools

Dinner menu  
Week 3

3 week rotating menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 3</b>	Gammon Steak Spanish Omelette Chicken Salad Sandwich	Beef burgers	Roast Beef with Yorkshire Pudding Vegetable Samosa Tuna and Sweetcorn Pitta	Cottage Pie Pasta Bake Chicken Wrap	Homemade Pork Mexicane Cauliflower and Broccoli Gratin Spiced Lamb Wraps
					
	Baby Boiled Potatoes Garlic Bread	Cheese and Tomato Quiche Egg Salad Sandwich	Roast Potatoes Creamed Potatoes Carrot and Swede Mash Cabbage	Beetroot Salad	Rice Jacket Wedges
	Peas Potato Salad	Chips Baked beans Mixed Salad	Grated Carrot		Sweetcorn Sticks n Dips
		Rice Pudding	Lemon Bread Pudding with Custard	Apple Eves Pudding with Custard	Pasta Salad
	Chocolate and Pear Sponge with Custard				Rhubarb Crumble with Custard